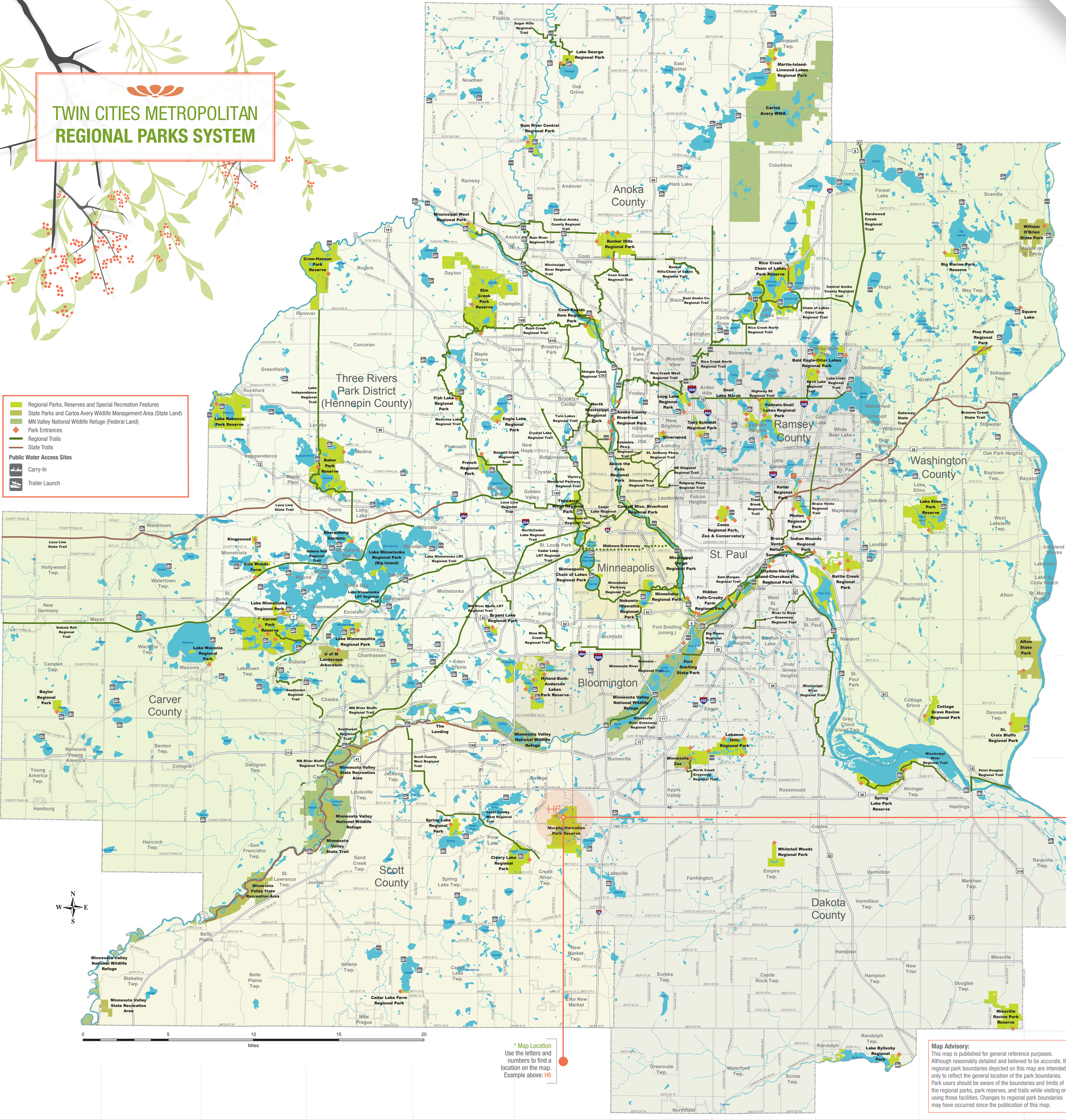


TWIN CITIES METROPOLITAN REGIONAL PARKS SYSTEM

Activities



REGIONAL PARKS, PARK RESERVES, AND SPECIAL RECREATION FEATURES

Map Location *	Activity	Activity	Activity	Map Location *	Activity	Activity	Activity	Map Location *	Activity	Activity	Activity
Anoka County Parks (763) 757-3920 www.anokacountyparks.com	Activity	Biking	Boating	Ramsey County Parks and Recreation (651) 748-2500 www.ramseycountyparks.com	Activity	Biking	Boating	Three Rivers Park District (763) 559-9000 www.threeriversparks.org	Activity	Biking	Boating
D6 Anoka County Riverfront Regional Park	Activity	Biking	Boating	D9 Bald Eagle-Otter Lakes Regional Park (Tamarack Nature Center)	Activity	Biking	Boating	E4 Baker Park Reserve	Activity	Biking	Boating
C6 Bunker Hills Regional Park	Activity	Biking	Boating	D9 Battle Creek-Indian Mounds Regional Park (Battle Creek part)	Activity	Biking	Boating	F5 Bryant Lake Regional Park	Activity	Biking	Boating
C6 Coon Rapids Dam Regional Park	Activity	Biking	Boating	D7 Long Lake Regional Park	Activity	Biking	Boating	G3 Carver Park Reserve (Lowry Nature Center)	Activity	Biking	Boating
A6 Lake George Regional Park	Activity	Biking	Boating	E8 Phalen-Keller Regional Park (Keller part)	Activity	Biking	Boating	C6 Coon Rapids Dam Regional Park	Activity	Biking	Boating
A8 Martin-Island-Linwood Lakes Regional Park	Activity	Biking	Boating	D7 Tony Schmidt Regional Park	Activity	Biking	Boating	C4 Crow-Hassan Park Reserve	Activity	Biking	Boating
B5 Mississippi West Regional Park	Activity	Biking	Boating	D8 Vadnais-Snail Lakes Regional Park	Activity	Biking	Boating	E5 Eagle Lake Regional Park	Activity	Biking	Boating
C8 Rice Creek Chain-of-Lakes Park Reserve (Wargo Nature Center)	Activity	Biking	Boating	Ramsey County Regional Trails: Birch Lake (D8), Bruce Vento (E8), Highway 96 (D7-D9), Rice Creek North (D7), Rice Creek West (D7), Trout Brook (E8)	Activity	Biking	Boating	C5 Elm Creek Park Reserve (Eastman Nature Center)	Activity	Biking	Boating
B6 Rum River Central Regional Park	Activity	Biking	Boating	Saint Paul Parks and Recreation (651) 266-6400 www.stpaul.gov/parks	Activity	Biking	Boating	D5 Fish Lake Regional Park	Activity	Biking	Boating
Anoka County Regional Trails: Bunker Hills-Chain of Lakes (C7), Central Anoka County (B5-B7), Coon Creek (C6), East Anoka County (C7), Mississippi River (C5-D7), Rice Creek North (C8), Rice Creek West (D7), Rum River (A6)	Activity	Biking	Boating	F9 Battle Creek & Indian Mounds Regional Park (Indian Mounds part)	Activity	Biking	Boating	E5 French Regional Park	Activity	Biking	Boating
City of Bloomington Parks (952) 563-8877 www.bloomingtonmn.gov	Activity	Biking	Boating	F7 Hidden Falls-Crosby Farm Regional Park	Activity	Biking	Boating	F3 Gale Woods Farm	Activity	Biking	Boating
Carver County Parks (952) 563-8877 www.co.carver.mn.us/parks	Activity	Biking	Boating	E8 Phalen-Keller Regional Park (Phalen part)	Activity	Biking	Boating	G6 Hyland-Bush-Anderson Lakes Park Reserve (Richardson Nature Ctr)	Activity	Biking	Boating
G1 Baylor Regional Park	Activity	Biking	Boating	Saint Paul Regional Trails: Bruce Vento (E8), Sam Morgan (F7-F8), Trout Brook (E8)	Activity	Biking	Boating	F3 Lake Minnetonka Regional Park	Activity	Biking	Boating
F4 Lake Minnetonka Regional Park	Activity	Biking	Boating	Saint Paul Parks (763) 559-9000 www.scottcountymn.gov (Operated in partnership with Three Rivers Park District)	Activity	Biking	Boating	D3 Lake Rebecca Park Reserve	Activity	Biking	Boating
G3 Lake Wagonia Regional Park	Activity	Biking	Boating	J4 Cedar Lake Farm Regional Park	Activity	Biking	Boating	E4 Noenbergs Gardens	Activity	Biking	Boating
Carver County Regional Trails: Dakota Rail (F1-F2), MN River Bluffs (G4-H4), Southwest (G3-G4)	Activity	Biking	Boating	I6 Clear Lake Regional Park	Activity	Biking	Boating	D6 North Mississippi Regional Park (Three Rivers part)	Activity	Biking	Boating
Dakota County Parks (952) 881-7000 www.co.dakota.mn.us/parks	Activity	Biking	Boating	I6 Murphy-Hanrehan Park Reserve	Activity	Biking	Boating	D7 Silverwood	Activity	Biking	Boating
K9 Lake Byllesby Regional Park	Activity	Biking	Boating	I5 Spring Lake Regional Park	Activity	Biking	Boating	G5 The Landing	Activity	Biking	Boating
G8 Lebanon Hills Regional Park	Activity	Biking	Boating	Scott County Regional Trails: Scott County West (G4-H5)	Activity	Biking	Boating	Three Rivers Park District Regional Trails: Bassett Creek (E5-E6), Cedar Lake LRT (F6), Dakota Rail (E4-F3), Lake Independence (D4-E4), Lake Minnetonka LRT (F3-F5), Luze Line (E5-E6), Medicine Lake (C5-E5), MN River Bluffs LRT (F5-G4), Nine Mile Creek (F5-G7), North Cedar Lake (F6), NE Diagonal (E7), Rush Creek (C5-C8), Twin Lakes (E5), Shingle Creek (D6-E6)	Activity	Biking	Boating
J10 Miesville Ravine Park Reserve	Activity	Biking	Boating	University of Minnesota Landscape Arboretum (952) 443-1400 www.arboretum.umn.edu	Activity	Biking	Boating	Washington County Parks (651) 430-8368 www.co.washington.mn.us/parks	Activity	Biking	Boating
H9 Spring Lake Park Reserve	Activity	Biking	Boating	United States Fish and Wildlife Service Minnesota Valley National Wildlife Refuge www.fws.gov/refuge/minnesota_valley	Activity	Biking	Boating	C10 Big Marine Park Reserve	Activity	Biking	Boating
I8 Whitetail Woods Regional Park	Activity	Biking	Boating	Refuge Headquarters and Visitor Center (G7), Bloomington, MN (651) 290-4160 www.nps.gov/miss	Activity	Biking	Boating	G10 Cottage Grove Ravine Regional Park	Activity	Biking	Boating
Dakota County Regional Trails: Big Rivers (F8), Minnesota River (G7), Mississippi River (F8-H10), North Creek (H7), River to River (F8)	Activity	Biking	Boating	St. Croix National Scenic Riverway (715) 483-2274 www.nps.gov/scan	Activity	Biking	Boating	E10 Lake Elmo Park Reserve	Activity	Biking	Boating
Minneapolis Park and Recreation Board (612) 230-6400 www.minneapolis-parks.org	Activity	Biking	Boating	For information on accessibility at each facility, please contact the individual agency listed above.	Activity	Biking	Boating	G10 Pine Point Regional Park	Activity	Biking	Boating
E7 Above the Falls Regional Park	Activity	Biking	Boating		Activity	Biking	Boating	G10 St. Croix Bluffs Regional Park	Activity	Biking	Boating
E7 Central Mississippi Riverfront Regional Park	Activity	Biking	Boating		Activity	Biking	Boating	C11 Square Lake	Activity	Biking	Boating
F6 Minneapolis Chain-of-Lakes Regional Park	Activity	Biking	Boating		Activity	Biking	Boating	Washington County Regional Trails: Hardwood Creek (B9-C9), Point Douglas (H10)	Activity	Biking	Boating
F7 Minnehaha Regional Park	Activity	Biking	Boating		Activity	Biking	Boating	Minnesota Department of Natural Resources (651) 296-6157 www.dnr.state.mn.us	Activity	Biking	Boating
F7 Mississippi Gorge Regional Park	Activity	Biking	Boating		Activity	Biking	Boating	F11 Afton State Park	Activity	Biking	Boating
F7 Nokomis-Hiawatha Regional Park	Activity	Biking	Boating		Activity	Biking	Boating	F7 Fort Snelling State Park	Activity	Biking	Boating
D6 North Mississippi Regional Park (MPRB part)	Activity	Biking	Boating		Activity	Biking	Boating	H4 Minnesota Valley State Recreation Area	Activity	Biking	Boating
E6 Theodore Wirth Regional Park	Activity	Biking	Boating		Activity	Biking	Boating	B11 William O'Brien State Park	Activity	Biking	Boating
Minneapolis Park and Recreation Board Regional Trails: Cedar Lake (E6-E7), Columbia Parkway (E7), Kenilworth (E6), Luze Line (E6), Minnehaha Parkway (F6-F7), NE Diagonal (E7), Ridgeway Parkway (E7), St. Anthony Parkway (E7), Shingle Creek (E6), Victoria Memorial (E6)	Activity	Biking	Boating		Activity	Biking	Boating	Minnesota State Trails: Brown's Creek (D10), Gateway (D10-E8), Luze Line (E1-E5), Minnesota Valley (E5-J5)	Activity	Biking	Boating



TWIN CITIES METROPOLITAN REGIONAL PARKS SYSTEM



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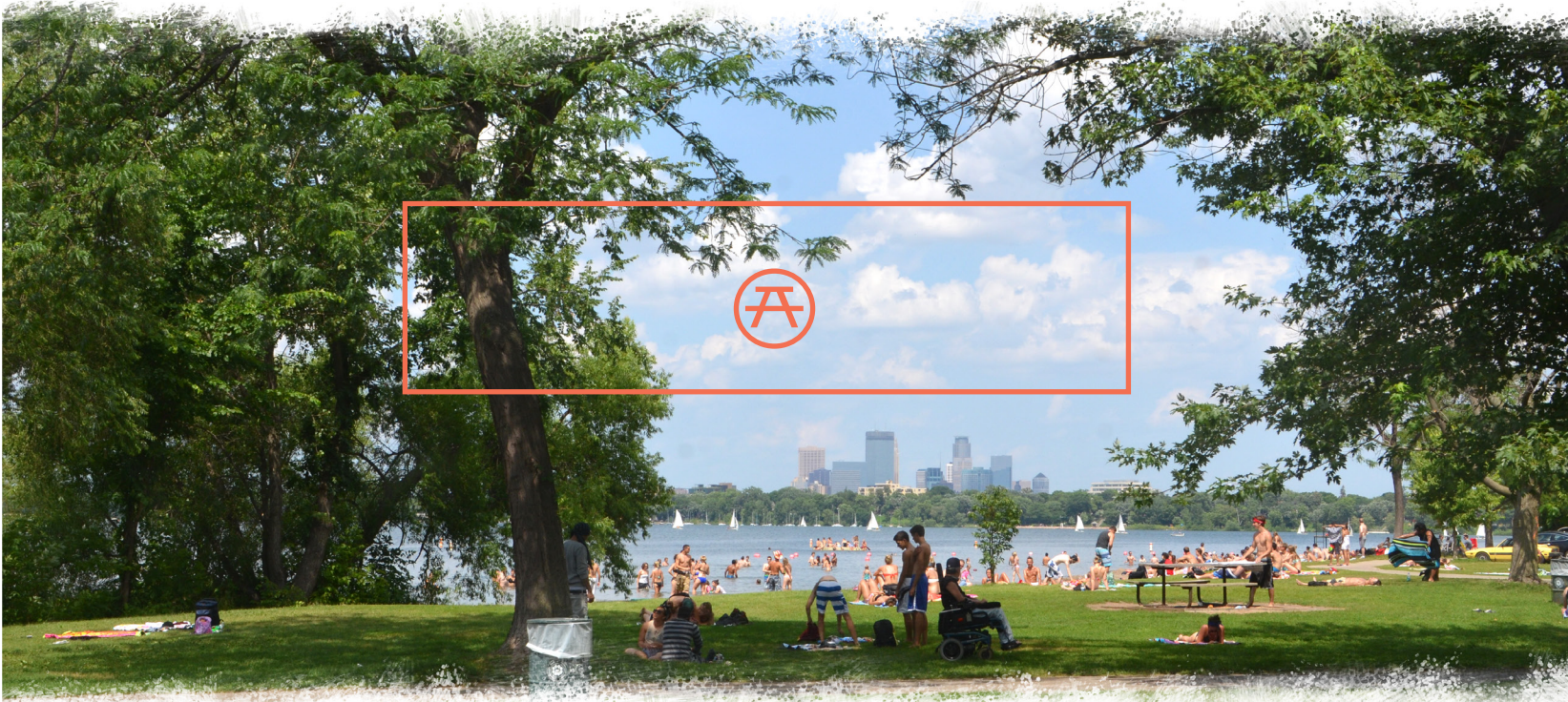
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"I like to play soccer."

"I come to kayak as often as possible."



"I come to relax."



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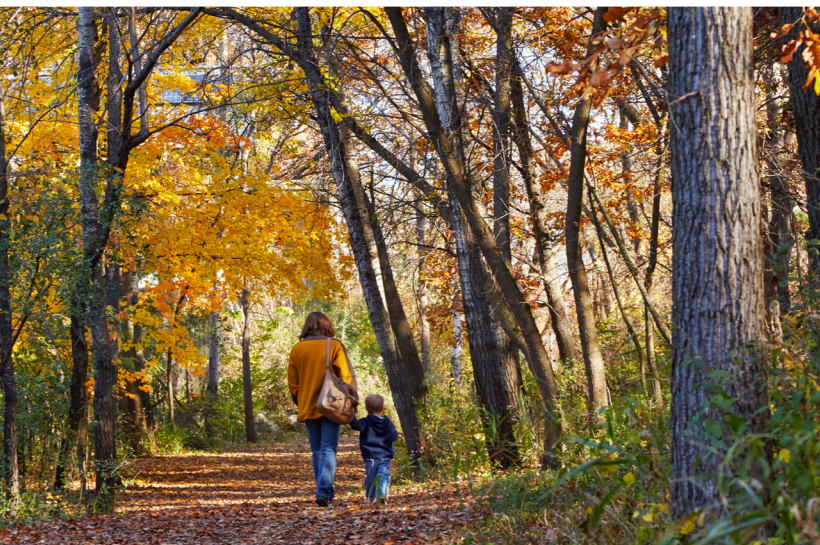
"I come here because it is close by and you can get a good workout by walking."



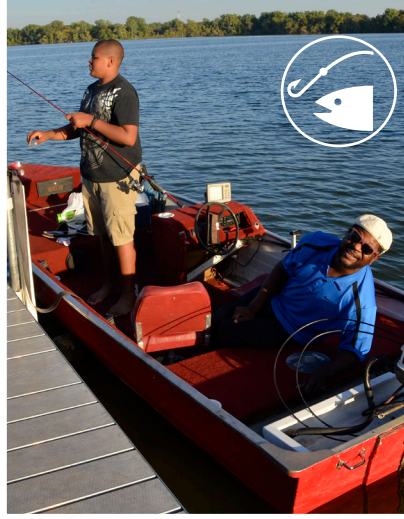
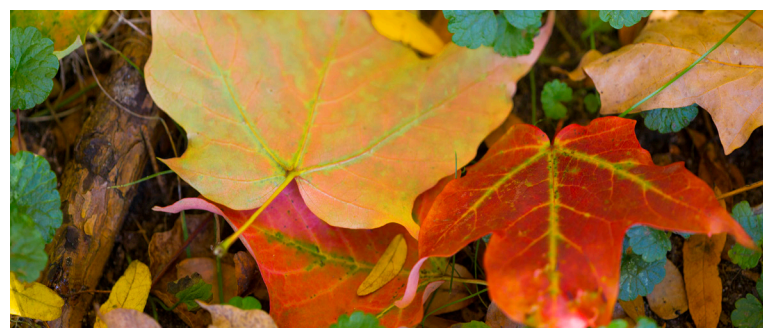
Regional Parks



RELAXATION



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The Twin Cities area is home to a system of regional parks and trails that is nationally renowned for its beauty, size, and variety of features. With 54 parks and park reserves, more than 380 miles of interconnected trails, and 8 special recreation features, the system provides a wealth of opportunities for recreation, exercise, and just plain fun! The Metropolitan Council plays a key role in long-range planning, investment, and coordination of the Regional Parks System in partnership with 10 park agencies that operate the system to protect natural resources and provide outdoor recreation for public enjoyment. For more information about the Metropolitan Council and the Regional Parks System, visit metro council.org.